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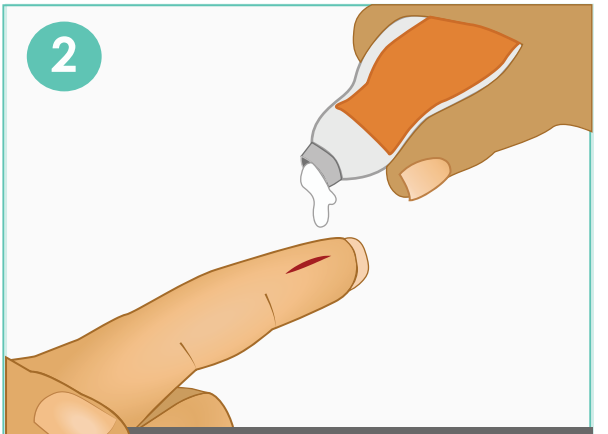
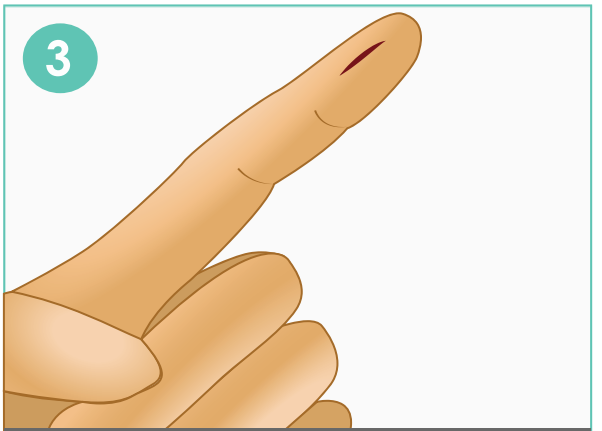
HOW TO CLEAN A WOUND

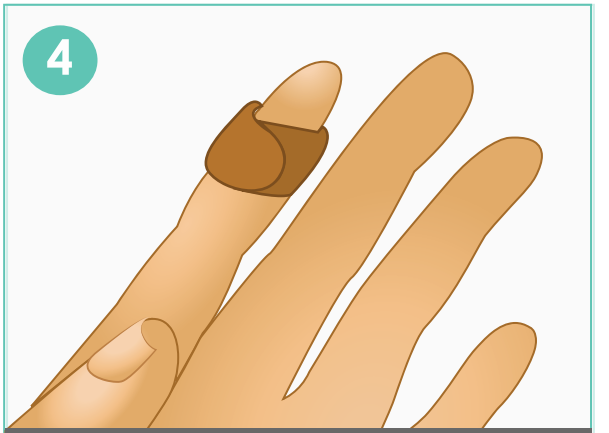
Clean cut area, by rinsing thoroughly under water



Apply an antibiotic



Leave cut area uncovered, but cover if cut will get dirty.



Change bandage each day to keep the wound clean and dry.

Call your Doctor :

- If the cut is on your face
- If your cut is deep or has dirt that will not come out
- If you cannot get the cut edges to stay together or if the edges are jagged

reference: www.webmd.com

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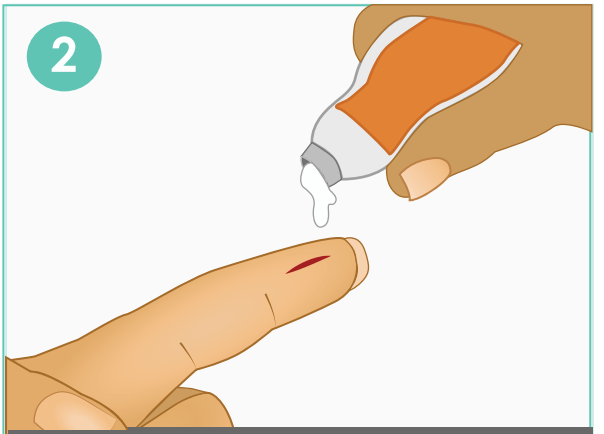
CÓMO LIMPIAR UNA HERIDA

1

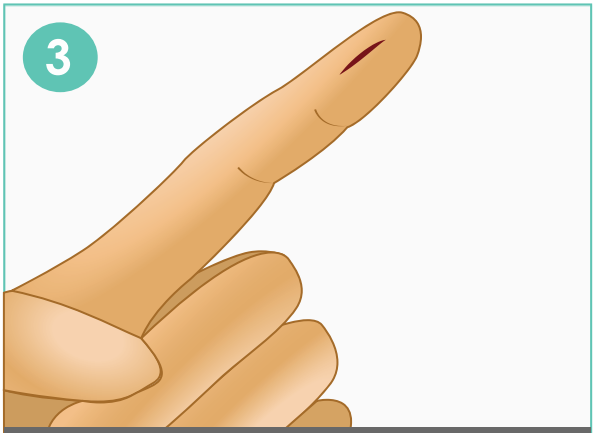
Limpie la herida con agua

2



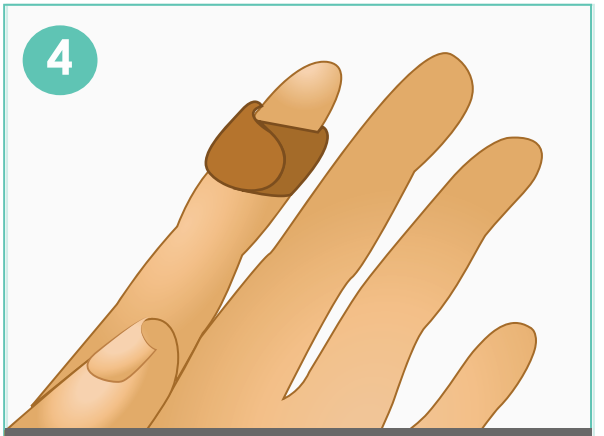
Aplique un antibiótico

3



Deje la herida descubierta
si no se va a ensuciar

4



Cambie el vendaje cada día para
mantener la herida limpia y seca.

Llame a su Medico:

- Si la herida está en la cara
- Si la herida es profunda o tiene suciedad que no va a salir
- Si no puedes conseguir que los bordes de la herida permanezcan juntos o si los bordes son irregulares

reference: www.webmd.com

Para obtener más información sobre otros temas de salud ambiental, visite: drluzclaudio.com